

Titus 2 Sunday Bible Study

What a Sane Women Look Like

Titus 2:4 (Amp) So that they will wisely **train the young women to be sane and sober of mind (temperate, disciplined)** and to love their husbands and their children...

Review:

They are to give good counsel and be teachers of what is right and noble... In the Greek this phrase is a single word: kalodidaskalos. It is made from the compound word: kalos (good, excellent in its nature and characteristics, and therefore well adapted to its ends genuine, approved, precious, praiseworthy, noble) and didaskalos (in the NT one who teaches concerning the things of God, and the duties of man)

Once again in the Greek this week's focal phrase is one word. ***Sōphronizō***: *restore one to her* _____; to moderate, control, curb, disciple; to hold one to his duty; to admonish, to exhort earnestly. ***Sōphrōn***: of a sound mind, sane, in one's _____; curbing one's desires and impulses, self-controlled, temperate

If our mandate as women is to train others to be *Sōphrōn*, then we ourselves must be.

We must _____ what we _____ – sometimes, long before we _____.

It does not mean perfection but it does mean blamelessness and intentionality.

Verses to claim this as a reality in our lives:

2 Timothy 1:7: For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

1 Timothy 1:19: Holding fast to faith (that leaning of the entire human personality on God in absolute trust and confidence) and having a good (clear) conscience...

Sane Women (all verses from Proverbs):

- **Grow in** _____ 1:22
- **Are** _____ 1:32
- **Watch Their Words** 12:23
- **Are** _____ 13:19
- **Mindful of Their** _____ 13:20
- **Quick to** _____ 14:9
- **Receive** _____ 15:5 & 26:3

Take Away's:

1. Who are the younger women in your life?
2. How is your "saneness"?
3. Where is the "rod" in your life?